



THE COLLEGE ELITE SUMMER STRENGTH AND CONDITIONING PROGRAM



TRAIN LIKE THE PROS WITH THE PROS

Complete the program as designed and we *GUARANTEE*:

- 40 YARD DASH improvement of .2 seconds
- VERTICAL JUMP increase of 2-4 inches
- CUT RECOVERY TIME BY 50%
- Increased mental toughness
- Education
- Enhanced Coordination
- Improved Balance
- Training at the highest level
- Return to school prepared to play

WHERE SCIENCE AND TRAINING MEET

ROLLING ENTRY STARTS MAY 24TH

REGISTER NOW!

LIMITED SPACES AVAILABLE

CALL 610-525-2300 FOR MORE INFORMATION